



LIFE CARE RETIREMENT COMMUNITIES

For Immediate Release

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William R. Cook Elected as Chairman of the Board of Life Care Retirement Communities

Des Moines, IA – April 28, 2009 - William R. Cook of West Des Moines, Iowa, was elected Chairman of the Board of Directors of Life Care Retirement Communities, Inc. at its annual meeting on April 18, 2009 in Chicago, Illinois. Mr. Cook holds degrees from Upper Iowa University and the University of Iowa. He serves on the Board of Trustees of Upper Iowa University; the YMCA of Greater Des Moines; and the Serra Club of Des Moines. He also serves on the Finance Committee of Mercy Hospital of Des Moines. Mr. Cook is a retired Partner of the accounting firm of Deloitte & Touche. He is a Certified Public Accountant and a member of the Iowa Society of CPAs and the American Institute of CPAs.

"Bill has been an impressive leader during his tenure on the LCRC board and we know he will continue providing important direction as Life Care Retirement Communities implements its far-reaching strategic plan and new mission statement of creating *limitless possibilities for the present and the future*." said Scott M. Harrison, President and CEO.

Life Care Retirement Communities, Inc. is a nationally recognized, non-profit leader providing wide-ranging services for more than 4,500 seniors residing in 11 communities in seven states. Founded in 1976, our mission is to create and sustain communities celebrating the lives of seniors. To explore the limitless possibilities of senior life, log on at www.lcrc.net.

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